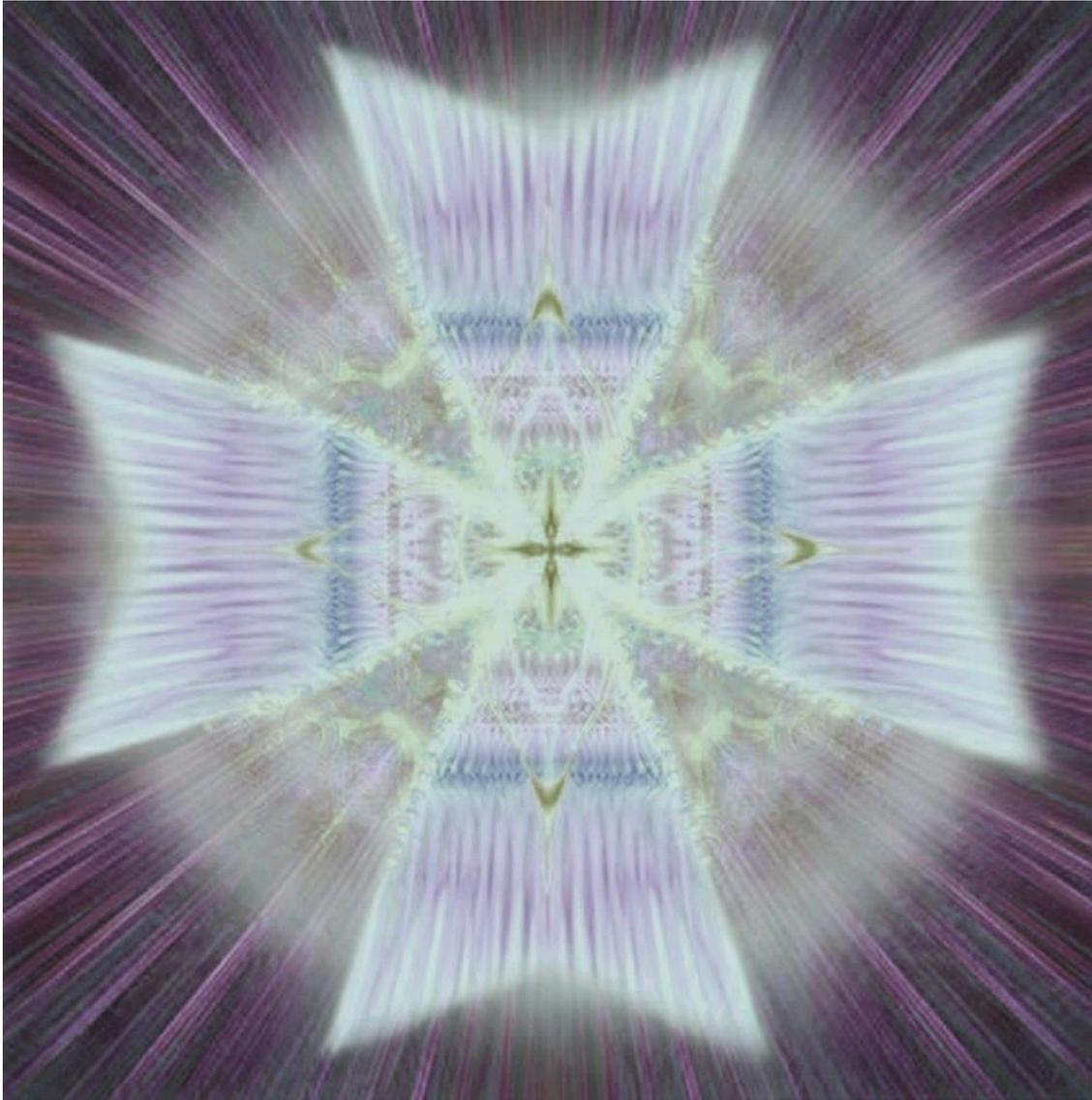


## LIBRA SOLAR FULL MOON RITUAL

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STUDY, MEDITATION, CONTEMPLATION and DIAMOND SOUL PRACTICES: DAY 2

In Service of the Plan, the Christ and the Great Ones for the Full Flowering of Humanity



**Keyword of the Soul:** “I choose the way which leads between the two great lines of force.”

☸

Looking at the whole of this image, gazing in the center – the still point, point of balance and equilibrium, sense the fullness of the Christ herein as He is today – inspired by the Avatar of

Synthesis, the Spirit of Peace, and the Buddha – enfolding the Earth, the Kingdoms of Nature, and Humanity – leading us forward on the Way of the Noble Middle Path. ◇ Pause to reflect

**LIBRA** – *The Light that moves to rest*. This is the light that oscillates until a point of balance is achieved. It is the light which is distinguished by a moving up and down. EA, 330



### **PREPARATION**

The heavens, the constellations, the **signs and planets** – “from the standpoint of esoteric truth, they are simply embodied Lives and the expression of the life, the quality, the purpose and the intent of the Beings Who have brought them into manifestation.” (EA, 257)

The **Zodiacal Being Who ensouls** our twelve zodiacal constellations, is **One Life energy**, twelve-faceted, pouring through the Heart of the Sun, Solar System and planetary transmitters, to and through Shamballa, the Christ and Spiritual Hierarchy, Humanity – and all of us who stand as saviors to all lives on Earth. As we move from one Sign to the next, the Light of that Sign creates a new field of focus and activity. The more unique qualities and specific “gifts” of each Sign become increasingly apparent to the earnest student-aspirant-disciple, and yet are the substance of That Greater Whole—the Life of the One Great Lord of our Zodiac – a stupendous Being far beyond our comprehension.

In That Life, there is no separation or division. The recent Life energies of Leo and Virgo continue to work within us as we re-collect them and forward move through the Cycles, shifting our focus to the next sign, Libra. The Soul, “the hidden inner divinity”, “Christ in us” continues to unfold and assume control as we labor in Love in the *field of Libra*. Our work esoterically is to comprehend and make use of this Cardinal sign of *Equilibrium, Balance, and Poise* on the ‘Noble Middle Path’.



Let us now enter more deeply into the meaning and purpose of Libra through the **Keyword of the Soul:**

**“I choose the way which leads between the two great lines of force.”** (EA, 251)



## ***FULL MOON RITUAL OBSERVANCE***

### ***A Path of Approach to the Kingdom of the Soul***

#### **MEDITATION**

##### **I. SACRED IS THE BREATH for “THE BREATH IS THE LIFE POURING THROUGH ALL THE CENTERS” ... sounded forth on the SACRED WORD, OM.**

◇ Come into the peaceful Presence of the Soul (a vibratory field) through the conscious breath of Life pouring through all the Centers. ◇ Breathing *a conscious breath of Life* of Libra, visualize (sense) the flow of this Life through the Heart of the Sun, through Shambhala where the Will of God is known, the Spiritual Hierarchy where the Love of God is Known and the Christ – the Divine Human representative for the New Age – passing through Him to the Soul of Humanity and all conscious servers, human lives and three Kingdoms of nature. OM

◇ Keeping this Libran stream of Light and Love *in the heart mind*, with a conscious “Breath of Life pouring through all the Centers”, **AUDIBLY** sound forth the Sacred Word, **OM**, disturbing and loosening, dissolving and releasing atoms of lesser vibration (visualizing or sensing their release).

◇ With **conscious, intense spiritual Aspiration** (attuning to the *high vibration of the Soul*), breathe in the “Breath of Life” *drawing in atoms of higher vibration*. ◇ **Then SILENTLY** sound the Sacred Word, **OM**, pouring through all the Centers ... irradiating the mental body with Light,...infusing the emotional body with Love ... suffusing the vital etheric body with Life. Feel the new Life balancing, healing and enlivening.

◇ With a conscious Breath of Life, **AUDIBLY** sound forth the Sacred Word, **OM**, allowing the solar infused Light of Libra to enhance the vibratory field of the Soul and the fields in which we now live and serve ... heightening their vibration.

Take a moment to **realize** that every intentional, conscious Breath of Life with the OM sounding forth, is a deeper entry into the True Soul (the Soul Self) — making a truer and fuller contact with Reality ... further awakening and expanding our Consciousness (*Awareness*) ... parting the veils to Its Ever-Presence ... creating a fuller bridge for *Soul descent* and Blessing ... and *Saving ascent* to Spirit.

## II. WORKING WITH THE SOLAR ANGEL and THE ANGEL OF Libra - the 7<sup>th</sup> Petal of the “Heart in the Head Center” (corresponding with the Great Zodiacal Wheel).

“The call has gone out for them [*the Angels*] again to approach humanity, and with their heightened vibration and superior knowledge unite their forces with those of the Christ and His disciples for the helping of the race.” (Externalization of the Hierarchy (EOH), 508)

◇ The ‘ever Presence of the Solar Angel’ directs our awareness to the Crown Center above the Head—the 1000-petaled Lotus with its Center—the “12-petaled Heart in the Head”. ◇ OM

◇ The Solar Angel brings us into resonance with the Angel of the 7th Heart Petal of Libra, calling us into vibratory relationship. ◇ We allow ourselves to be guided by Their magical powers of Love, Intelligence and Holy Will upon our Way. ◇ OM

◇ With the next conscious “Breath of Life”, follow the Life energy streaming from Libra through the Crown Center, *passing slowly* through the Ajna ... Alta Major (at the base of the brain – top of spine) ... Throat ... *pausing* at the Heart Center to sense the vibratory interplay between the higher and lower Heart Centers.

◇ The life energy continues flowing through the remaining centers – heightening (*making sacred*) every center ... with a portion flowing out through the minor centers in the soles of the feet, into the earth – “Blessing the Earth upon which we walk”.

◇ Follow the energy as it circulates ... re-ascending up the central spinal column (or as a great ovoid, a *torus* of dynamic circulating energy flowing in all directions) ‘returning Home whence it came to the Crown’ completing a divine circulatory flow. OM

Here within our own Body is a great symbolic and *real* Truth of the Pilgrim’s journey, of ourSelves – Spirit (Monad) in extension journeying forth deep into matter for the purpose of “saving and redeeming” whilst returning to the Father’s Home in the Crown. Pause to absorb this truth.

◇ *BE* in the radiant flow of this circulating energy – standing in a fountain of down-pouring and up-rising light... achieving a sense of continuous filled-fullness. ◇ We sound forth a *silent OM*, confirming and sealing in the new vibration. ◇ OM

### III. THE SOUL STAR GROUP ~ A Unified Group Approach to Divinity ~

#### The Soul is Group Conscious

◇ In this enlivened state, we widen our awareness ... *seeing ourSelves* standing inside a large circle of *Participating Souls*, gathered and gathering as the “**Soul Star Group**” –

*purposed* to work in “Group Approach to Divinity” with the “Great Ones” and The Christ.

◇ *See all Souls herein gathered as radiant spheres of living, lighted Love and Holy Will, sounding forth the sacred Word, OM, strengthening our unified vibration.*

◇ We are now as if a \*1000 radiant spheres of Light and Love, Soul Virtues and Soul Ray powers. ◇ *PAUSE* – sensing the Soul Star Group as one pulsing, beating Heart *filled full* in unified vibration whilst standing in the resonant Love field of the Spiritual Hierarchy – the **Heart of the Christ** ever in the Centre.  
**OM**



Sense the potent Reality behind the Christ Star ... the **fires of Divine Love emanating from His Heart as potent streams of vibrations** ... infusing beneficent Love to all participating Souls and Angelic lives here gathered, *giving* and magnifying that which is most needed.

◇ *In the heightened energy field of the Christ, see the Soul Star Group nestled within the matrix of the 7 x 7 of 49 Ashrams of the Christ ... HIS STAR shining forth from THAT CENTER radiating with magnetic power* ... dynamic energy streams through us and all consecrated Groups. **OM** ◇ In our heightened group vibration, we sense *perfected Beauty and The Good* resonating in the Spiritual Hierarchy and the Christ – on to the Lord of the World in Shambhala, the Center where the Will of God is Known.

**OM**

◇ Be affirmed in the Master’s words of the “**joy of participation in the Masters' plans**” knowing “**all is well that associates you closely with Them.**” (TWM, 368/9)

## **WE CLOSE WITH THE GREAT INVOCATION**

◇ Returning our awareness to the Heart of the Crown, together with the Christ and all here gathered, we sound the Great Invocation.

Briefly re-align with the Soul Star Group ... visualize us as a conduit and Chalice for receiving and giving forth the energies flowing to and through us .... Beginning in Libra ... through The Heart of the Sun – “The Son of Divine Love”, ... The Mother ... The Lord of the World and Shambhala ... through the Christ and Spiritual Hierarchy .... blessing Humanity and the Earth.

### **THE GREAT INVOCATION**

**The Sacred Word, OM**

**(Sounded three times as Light, Love and Power, respectively)**



\*1000 is a metaphor for “countless numbers”

Continue with the DIAMOND SOUL PRACTICES and CONTEMPLATIONS for Day 2

## IV. CONTEMPLATIVE DIAMOND SOUL PRACTICES FOR DAY TWO

On this second day, we explore how to open wider the middle path releasing us from the confines and control of the pairs of opposites through the Libran powers of choice and decision utilizing dispassion and discrimination.

"We have seen ... that the narrow path to be trodden between the pairs of opposites (through the practice of discrimination and dispassion) is the path of equilibrium, of balance, the noble middle path." (Light of the Soul (LOS), 320)

"Libra demonstrates the perfect balance of spirit and matter ... This balance and this relation of the great opposites, spirit and matter, is **symbolized for us** in the personality situation of balancing the pairs of opposites on the astral plane, and finding between them the "narrow razor-edged path" **which leads the man into the Kingdom of the Soul.**" (Esoteric Astrology, 168) CONTEMPLATE

"Release from the world of **feeling** [*emotion*] and the **polarizing of the disciple in the world of the illumined mind** will dissipate this glamour which is part of the great heresy of separateness." (Glamour A World Problem (GWP), 79)

NOTE: The word feeling here must be understood to mean emotion and does not refer to that *purser state of 'feeling with the heart' or 'feeling with the illumined mind'*.

The word *polarizing* in Master DK's language means to be focused or centered within or upon a plane of vibration. It does not mean, as in modern psychology, opposites or the opposite pole. MDK asks disciples to be *centered or polarized* in the illumined mind, which is a higher polarization than the astral plane of emotions. To be 'mentally polarized' means to be centered in the Soul upon the higher mental planes.

There is no '*good reason*' in emotionalism. There *is* '*good reason*' in the higher feelings of the heart mind.

Love registers as a higher feeling state. Compassion also. Note their energetic qualities.

Note the '*reasoning*' energy compared with *separative emotion* (hate, distrust, suspicion ...) and the fallacious implications and impacts arising from them.

Emotion contributes to the great heresy of separateness. From what are we separated? Release from emotion frees us ... bringing us to wholeness. When 'centered' in the illumined mind, glammers born of separateness dissipate and no longer control. REFLECT

Ponder deeply on these thoughts as a means to achieving equilibrium and maintaining balance. Step into and walk upon the Noble Middle Path.

## THE MIDDLE WAY

There is always a middle way, a third point between the pairs of opposites, within which to stand.

To make this practical, recall a situation where you swung between the pairs of opposites (of the personality or one of its vehicles)

Fear-avoidance / compulsive attraction, pride / false humility, lack of confidence / boastful over confidence, over self-esteem / timidity lacking self-esteem, inertia / over activity and busy-ness, tradition / novelty, raucous happiness / despair, over-attachment / abandonment, ...

And finding the middle way

Calm approach, true humility (right sense of proportion), genuine Soul confidence, true Self-worth, soul-inspired activity and movement, the hero's journey, genuine happiness and Joy, Soul relationships ...

Dispassion and non-attachment lead to the freedom of Choice, to choose intelligently in right proportion, to hold lightly *what is* – allowing wisdom to move through our choices. Dispassion lifts us above emotion or drains excess emotion from the situation – opening the door to making a Soul choice.

REFLECT: In finding the middle way, a *'truer higher way'* is revealed.

*REFLECT: Describe the feeling or sense of finding the middle way. What makes this possible? Are you centered? What energies or qualities are present in your field? Is a greater sense of freedom present – to be free is to be not bothered, weighed down, or distracted by it.*

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## FREEDOM OF CHOICE

Choice refers to the state or condition where we realize we have other possibilities and opportunities. We need not be continuously swinging to and fro between the pairs of opposites on the astral plane of emotion. A light comes into the mind from the Soul, perhaps some counsel from a friend, or a profound reminder of our *true nature*. Perhaps a searing pain or agony or continuous discomfort propels us forward moving us to choose a new way, a new experience, to no longer remain in that condition.

It is said the astral plane is an illusion (a condition born from our astral creations) that are based on lower desires and purely materialistic objectives. Its higher purpose is to open the door to love, and its highest purpose is intended to be a plane of reflection for Buddhi or pure reason—and Love, serving as a conduit sensitive to these higher energies.

◇ Visualize yourself as a pure conduit for these higher energies. Remember a time when you were.

Come into the Awareness where we always have the Power to Choose – encoded within us.

Our Soul-mind diminishes the hold of the astral plane through detachment, dispassion and discriminative knowledge. Clarifying *choices and decisions* that are based upon higher Soul values increase tastes of Freedom and Lightness.

The Soul’s need to break free of the lower vibrations of the astral plane is a great potency. The Soul’s quest for this freedom is our great ally. REFLECT on this magical potency.

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**THE NARROW RAZOR EDGED PATH LEADS TO THE KINGDOM OF THE SOUL**

When the lower vibrations and emotions of the astral plane no longer hold us in thrall, we are freed to experience the ever-presence of higher Love – Christ / Soul Love, Buddhic Love, Divine Love – *illuminating and infusing the mind – rendering it a heart-mind.*

Esoterically, the second sub-plane of the mental plane is where higher love enters. When centered (polarized) here, we resonate with realms of Buddhi, *pure reason, the intuition of sensitive perception* (on the Buddhic plane) allowing for *true soul response*. Hence our daily preparations with the *Heart in the Head*.

Once emotions are replaced with true “feelings of the Heart”, we step into a different world – the world of the Soul. The illumined *heart mind becomes our daily instrument*. ◇ REFLECT

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## PARALLEL TEACHINGS FROM HELENA ROERICH

### *The Sons and Daughters of Reason*

**Vs. 82** “The Sons of Reason—We proclaim them as Hierarchs upon Earth. The Daughters of Reason—thus, also, We proclaim them upon Earth. Those who strive to the evolution of the spirit must follow in the steps of Hierarchy in order to progress. Who, then, will nurture the spirit of striving disciples? Who, then, will affirm the path of ascent? Only the Daughters and Sons of Reason. In whom are contained the fires of attainment? In the Daughters and Sons of Reason, thus We proclaim Our Carriers of Fire. ... Thus Our Hierarchs manifest Our power of Reason and Heart – thus unto Infinity!” CONTEMPLATE. Identify.

### *Saturating the Heart with the Image of the Lord*

**Vs. 85** “All religions have introduced special movement and positions of the body that aid the accumulation of the energy and impel one to the Highest. When following Us, achievement may be arrived at through the saturation of one’s heart, without fatiguing movements. He who succeeds through this means has an advantage, because **the source of the heart is inexhaustible**. The Image of the Lord, impressed upon the heart, will not grow dim and at any hour will be ready to help. This way of the heart is the most ancient, but it requires a considerable expansion of consciousness. One should not speak of the heart from the very first conversation, for then one may overburden it aimlessly. It is likewise aimless to speak of love if the heart does not yet contain the Image of the Lord. **But the hour strikes when one must indicate the power of the heart**. I advise address oneself to the heart, not only because the Image of the Lord is already close but for cosmic reasons. It is easier to cross an abyss if the link with the Lord is strong.” CONTEMPLATE

**Vs. 86** “Thus, it is not easy to be without the Lord. Repeat the Name of the Lord not only with the lips but *rotate* it in your heart, and He will not leave it—like a stone pressed into a crevice by the mountain waters. We say *Cor Reale* when the Lord of the Heart enters into the predestined chamber. One should shield oneself by the Lord.”

CONTEMPLATE this method for ‘being with the Lord’ and ‘shielding oneself by the Lord’: The Christ/ Lord Maitreya, The Master of Love-Wisdom, Venus as Mother of the World, The Holy Virgin, The Solar Angel ... can be embedded in the Heart.

*Higher Awareness, Inner expansions, revelatory direction, revelations of Truth, Beauty, Holy Love, Fiery Will ... become our daily companions upon the Lighted Way, to the Peace filled chambers of the Heart and the Royal Road of Shambhala.*

(Verses from the book *Hierarchy* 1931, by Helena Roerich)

◇ Throughout this day, “come here often” – in the dome of Libra.

Consciously enter the vibrational field and aroma of the magnanimous Soul Star Group with Christ in its center ... giving clear light and purposeful love to the Soul of Humanity. And thus we serve.

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