

# FIFTH ADVENT LIGHT

## PREPARATORY REMINDER

### RITUAL OF FIVE ADVENT LIGHTS – A FIVE POINTED STAR

Our Advent wreath of 5 Lights create an etheric 5-pointed Star at three levels of Being as we invoke (connect with and call in) the higher energies of the Christ Principle. One level is our own individual Soul star, the other is the Soul Star Group formed from the combined union of all individual Stars, and the third is the CHRIST STAR encompassing the Greater GROUP of all consecrated Groups. The Sunday meditations reinforce this but it also happens quite naturally and simply through intention and the work of the Angels participating with us.

Our “Star(s)” correspond with the following higher meanings to hold in heart-mind as reminders during the Sunday ritual lightings. While the “Star” has many correspondences, the following meanings are the most relevant to hold in Group Mind as we work together:

◇ The five-pointed star represents the perfected Human – the Divine Human or God-Man having attained perfection – a Master of Love-Wisdom;

◇ The Star of the Christ. The Christ is the foremost spiritual leader of Humanity (irrespective of one’s religious affiliations, He is the same Being known by many names).

◇ The Star Sirius. Sirius appeared to the Wise Men as they traveled, heralding the birth of Christ. The principle of Love took birth on earth through the Christ, the first of our Earth Humanity to achieve liberation (esoterically significant) paving the Way ahead for others to follow;

◇ Christ is a Sirian Initiate. Cosmic Buddhi or Love streams through this brilliant star, the Star of Sensitivity and Initiation. Every zodiacal Sign carries an imprint that is embodied and mastered over many life-times, *time after time*, for achieving full realization. We pass the tests of the Soul in Scorpio under the impress of Sirius, to move “fast upon the Way” in Sagittarius, bringing us to the foot of the Mountain in Capricorn. The star Sirius is important to Earth because our Spiritual Hierarchy, the Kingdom of Souls, is conditioned by “the Great White Lodge on Sirius” where the majority of spiritually advanced human Beings will go to receive further training;

◇ The five-pointed star also symbolically represents four cardinal directions – East, South, West and North – that relate to purposes of our earth Logos. The glyph for the symbol of Earth is a circle with an even-armed cross inside. All who take incarnation are in the sphere of earth’s influence, the horizontal plane of the four-fold field of daily life where consciousness unfolds stage by stage. The vertical spiritual dimension of Spirit is the fifth point of the Star.

◇ The fifth Light symbolically lit on Christmas Day represents the vertical axis of the Life of Spirit towards which the group disciple ascends, vibrational mountain after mountain, reaching the summit of Supernal Light that is the consciousness of God ... *and a Star is born*.

◇ The Christ Light, Love and Holy Will penetrates, encompasses, and ensouls all the World as a Son (Sun) of God:

***“I AM THE LIGHT OF THE WORLD”, said the Christ.***

◇ Soul Groups in unified group Approach to Divinity, extend this all-encompassing Light to the world, enabling them to say:

***“WE ARE THE LIGHT OF THE WORLD”***

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As we intentionally move through the Advent process, individually and as a group, let us remind ourselves of the high nature of this work. Metaphorically, we are on a journey of the Wise Men seeking Light, bearing Gifts. We journey *with* them, and we *are* Them as the True Soul, each wise man representing an aspect of the Triune Soul, and its reflection in the 3-fold personality. As we unfold the Mind of Christ in ourselves, we bring “Good Gifts” – radiating and pouring forth that which we truly are through our Soul-infused personality.

We are all the Virgin Mary to our personality. Virgo the Virgin prepares, purifies and conditions the matter of “form” to be a pure and properly prepared vehicle for the Soul, birthed as the Christ, unobstructed. We are initiating ourselves into higher states of Being. Having become the Virgin Mary within ourselves, we nurture and give birth to the Christ in fuller stages of unfoldment – to a “Son of God” – A Sun God, A God Man. At the time of Christ’s birth, Virgo the Virgin was rising on the horizon, His birth coinciding with the greater Truths and movements of the Heavens.

The Soul Star Group is building a sacred vehicle of expression, a Chalice or Holy Grail – that contains the energies we gather and invoke for release and dissemination onto the planes of Earthly living — through us individually “where on earth we live” and through the Soul Star Group as a whole for the upliftment of Humanity. We contribute to making the earth sacred “where on Earth we live”, intentionally stimulated and brought into form during the Naming and Loving of Participating Souls.

Among other “ways”, the ‘way of sacred ritual’ is a *magical* service. Through sacred rituals, in our unified Group Approach to Divinity, we purposefully sanctify life on Earth in concert with a greater rhythm and Life ‘in Whom we Live, Move and Have our Being’ – Whose *daily rituals turn the world*.

With this Fifth Advent light, let us impress the above thoughts into HEART–MIND –to be received by and through the Soul Star Group and each one of us.

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HAVE READY:

Δ Five candles – the first four plus the fifth. Anoint the fifth with consecrated oil, holy water, or simply rub it with your fingers with ‘sacred intention’.

Δ The “Participating Souls” list of names and “where on Earth we live” (have it ready and open on the website or know where to easily find it, or pre-print it) when needed in the ritual.

## RITUAL LIGHTING of the FIFTH ADVENT LIGHT on CHRISTMAS DAY

### STAGE I. Meditation Attunement with the True Soul

Let us shift our awareness inward ... taking a few deep breaths whilst sounding the sacred Word, OM, silently or aloud ... thereby loosening and discarding lower vibrations.

With a conscious breath of life, let us breathe the Breath of God – the Breath of Spirit, that gives life to all Beings – “the Breath of Life pouring through all the centers” ... With this renewing vibration, we step into the Silence of the Peaceful Presence of the Soul.

Bringing our awareness to the Crown Center (above the head), see, visualize, feel or imagine a brilliant five-pointed star – a Soul Star. Sounding forth the sacred **Word, OM**, visualize a brilliant *Light of Life* pouring through the Soul Star – irradiating our mind with Light ... suffusing our sentient feeling nature with pure Love ... and permeating our subtle etheric body with ‘life-more-abundant’. Breathing in these purifying, uplifting energies for a few moments more, let us *incarnate* more fully.

As divine Beings created in the image of God – we affirm our Identity *as the True Soul (Soul-Self)* – the source of *Love, Light, Truth, Beauty, Goodness and Living Holy Will*, intoning the following mantram:

“More radiant than the sun,

Purer than the snow,

Subtler than the ether is the Self, the Spirit within me.

I am that Self.

That Self am I.”

(Intellect to Intuition, 228)

Sound the **Sacred Word, OM**, *heightening and affirming the pure (higher) vibration.*

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**(STAGE II) THE SOUL STAR GROUP – THE SOUL IS GROUP CONSCIOUS**

*“Christ is the World Healer and Saviour. He works because He is the embodied Soul of all Reality. He works today, as he worked in Palestine two thousand years ago, through groups. There He worked through the three beloved disciples, through the twelve apostles, through the chosen seventy, and the interested five hundred... Now He works through His Masters and Their groups, and thereby greatly intensifies His efforts. He can and will work through all groups just in so far as they fit themselves for planned service, for the distribution of love, and come into conscious alignment with the great potency of the inner groups.”*

*(Externalization of the Hierarchy (EXH), by Alice A Bailey, 604)*

As “Participating Souls”, we visualize ourselves standing in a great circle of Lights – Souls of Living vibration, ourselves among them.

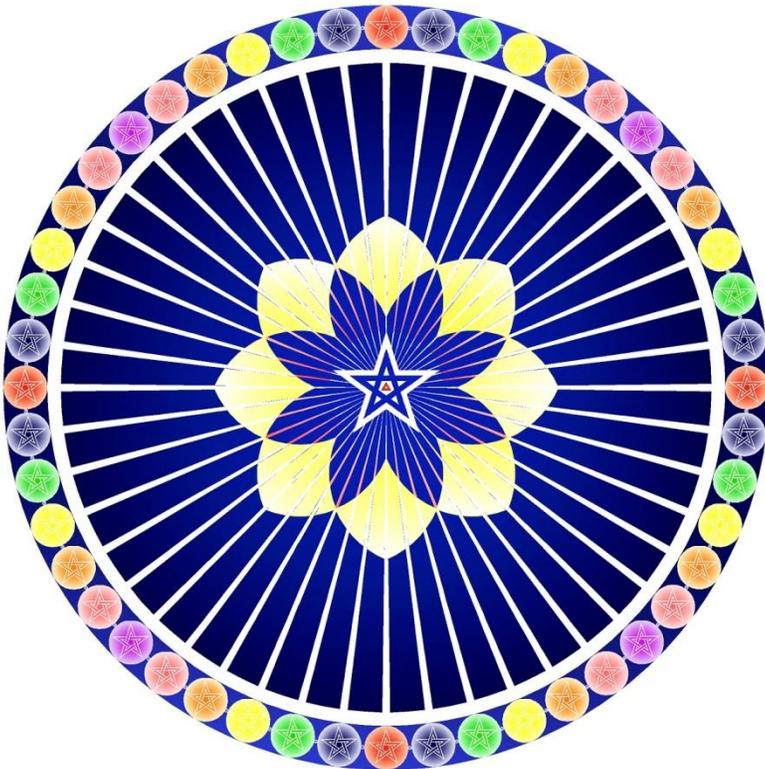
Let us affirm ourselves as beacons of Light, Love and Holy Will ‘gathered in circle’ –

meeting in sacred space where *time is not*.

**NAMING AND LOVING of  
“PARTICIPATING SOULS”:**

*“We Sound in Love the Names of We Who Have Here Gathered..”  
Visualize the energy descending through us “where on earth we live”*

On an outpouring “Breath of Life” whilst sounding the Sacred Word, OM – imagine all Participants extending Soul beams of Christed Light, Love and Holy Will to one and all re-gathered in *Holy Communion* – creating a potent field of loving, living vibration within which we now stand ... (stay with this until *it feels real to you*). ◊ After the Pause, let us sense the Soul Star



Group pulsing with new life, and then affirm:

**“We are One Life, One Love, One Light – One Breath – One Group Soul.”**

◇ Let us now Visualize, feel, intuit or imagine *the Star of the Christ*— radiating deep within the Center of the Circle, around which we stand.

Together and as One, let us extend our group Light and Love to the Christ *joining in resonance with Him ... Sense waves* of Love returning to and through all here gathered flowing from The Christ—throughout the Soul Star Group in One heightening group vibration.

◇ Magnified with Christ energy, imagine *the Soul Star Group now standing round the Earth, joined by countless Souls in group formation*. In the Presence of the Holy Ones – be aware that through the power of sound and light vibration we **bleed all the Earth and Humanity ... healing and lifting its vibration**.

Together with the Great Angels of the Christ tasked with this purpose... we sound the Great Invocation, holding our hands in vibratory Blessing.

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All is enhanced by the Great Ones working through the Group – Their potency of pure vibration streaming to, through and round the Earth, thence to and through the Soul of Humanity and all Kingdoms of nature.

As more and more learn to walk the Lighted Way of Love, Life and Holy Will, all the Earth and all the Kingdoms of nature (mineral, vegetable, animal and human) shall vibrate with new light.

~ OM ~

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### **(STAGE III) Lighting the Fifth Light of the Five-Pointed Star**

Meditatively hold in mind the meaning of Esoteric Advent—as the Advent of *the COMING ONE*—the CHRIST Who is the Light of the World, as the *Advent of the Soul of Humanity, and the Advent of the LIGHT of the WORLD* that is the Love of God present in every beating human Heart and in the heart of every atom, glowing and growing.

△ Holding one hand over your heart, connect with the life energy of the Heart, and with feeling, say or intone:

*“WITH NOBLE HEART”*

With the other hand, touch the Ajna Center/forehead, saying:

***“AND PURE INTENT”***

Raising this hand above the Crown, connect with the radiant Fire of Divinity of the Soul Star above the Crown Center – a Flame of living Light, Love and Life. As you slowly bring your hand down, draw Life energy into your Heart as you place this hand over the other, *saying*:

***I DRAW UPON the INHERENT POWERS of my SOUL (Higher SELF),***

*Unfold your hands in blessing, intoning:*

***TO BRING FORTH NEW LIGHT into the WORLD***

*“In the Center of all Love we stand.  
From that Center I, the Soul, will outward move.  
From that Center I, the one who serves, will work.  
May the Love of the Divine Self be shed abroad,  
In my Heart, through my Group, and throughout the World.”*

(EXT, 315)

Bring your awareness to reconnect with the Soul Star Group, and intone (saying):

***DRAWING UPON THE POWER of the SOUL-STAR GROUP,***

***WE DEDICATE THIS RITUAL to the COMING of THE LIGHT ~***

***To the GREAT HEART of LOVE THAT IS THE CHRIST,***

***To the KINGDOM of SOULS that is the “GREAT POTENCY OF THE INNER GROUPS”, and***

***To the SOUL OF HUMANITY – for the MERGING of the TWO into ONE***

*pause*

***Let us now read from an ancient text:*** (excerpted from *A Treatise on White Magic*, by the Master DK through AAB):

*“... Man is responsive to his kind and is aware also of the purpose of the kingdom to which he belongs. This can best be expressed in some wonderful words from an ancient writing in the Masters' Archives. It is said to date back to early Atlantean times. The material on which the writing is found is so old and so frail that all that the Masters themselves can touch and see is a*

*precipitation made from it, the original being kept at Shamballa. It runs thus, with certain deletions, which it is wiser not to insert:*

*"At the four corners of the square, the four angelic...are seen. Orange they are, but veiled in rosy light. Within each form the yellow flame is seen and round each form the blue ...*

*"Four words they utter forth, one for each human race, but not the sacred sound which bringeth forth the seventh. Two words have died away, four sound today. One sounds in realms so high that man can enter not as man. Thus are the seven words of man ringing around the square, passing from mouth to mouth.*

*"Each day of man the words take form and different seem. In...the words will be as follows:*

*"From out the North a word is chanted forth which means...be pure.*

*"From out the South the word peals out: I dedicate and...*

*"From out the East, bringing a light divine, the word comes swinging round the square: Love all.*

*"From out the West, [the] answer is thrown back: I serve."*

*"This is a faint effort to express in English these ancient Atlantean phrases, older than Sanskrit or Senzar, and known only to a mere handful of the members of the present hierarchy. But **in the thoughts of purity, dedication, love and service, are summed up the nature and the destiny of man**, and it should be remembered that they do not stand for so-called spiritual qualities, but for potent occult forces, dynamic in their incentive and creative in their result. This should be pondered on carefully by all aspirants. We have, consequently, with these four, added to the first one, **spiritual attainment**, five of the qualifications of the white magician."*

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△ We shall now Light the Christmas Star in the following order, saying as we do:

*In Purity* - (Light the Northern Light),

*I Dedicate my life* - (Light the Southern Light),

*To Love All Beings* - (Light the Eastern Light),

*And Thus I Serve* - (Light the Western Light),

NOW Light the CENTRAL LIGHT, saying:

**“WE LIGHT THIS LIGHT FOR THE COMING OF GREATER LIGHT”**

**“In the central Fire of the five-fold Star, Spiritual Attainment is Universally realized.”**

**Through the Principle of At-One-Ment, Illumining Light and the Power of Transforming Love, Peace profound shall ensoul the World.**

**OM**

For a few moments, reflect upon the **principle of At-One-Ment** fulfilling the future destiny of Humanity,

and the Earth fulfilling its destiny as a sacred Center in the Body of the Solar Logos.

*Envision Humanity living in Harmony with the Earth.*

Sound a Silent **OM** confirming this Vision and Vibration ... pausing as the energy finds its mark.

◇ *Look now* into the central Flame whilst holding your hands in blessing, intoning/saying:

**“IN THESE LIGHTS, SHALL WE COME TO KNOW GREATER LIGHT”**

**“IN THESE LIVING FLAMES, SHALL WE COME TO KNOW THE GREATER LOVE PULSING RHYTHMICALLY THROUGH THE HEART OF THE UNIVERSE”**

**“IN THE FIRE OF LIFE, SHALL WE COME TO KNOW THE RADIANT FIRE OF THE CENTRAL SPIRITUAL SUN”**

**OM**

*(or sound a bell tone)*

◇ *(Focused firmly in the Soul Star Group, holding both hands in blessing, we continue while intoning):*

**IN THE CHRIST CIRCLE WE TAKE OUR STAND,**

**JOINED IN RESONANCE WITH THE  
“GREAT POTENCY OF THE INNER GROUPS”**

**TOGETHER and AS ONE, SQUARING THE CIRCLE,**

**WE SOUND A MIGHTY INJUNCTION ~**

**“WE STRIVE TOGETHER IN ONE VAST MOVEMENT**

FOR THE INTENSIFICATION OF THE LIGHT OF THE WORLD," (ROC, 58)

*IN THE GROWING LIGHT, WE TAKE OUR STAND ~*

*WE FACE THE LIGHT,*

*WE BECOME THE LIGHT,*

*WE ARE THE PRESENT FUTURE LIGHT*

*SHINING IN THE WORLD*

*~ WE COME FORTH IN THE NAME OF THE CHRIST ~*

*OM, 3x*

◇ Pause now as waves of energy move through the Soul Star Group – the Gift Waves of the Christ sending forth His blessings for the renewal of Humanity and the Earth.

◇ In closing, we affirm:

**“IN THE LIGHT AND POWER OF UNIVERSAL LOVE,  
WE FORWARD MOVE on the MOUNTAIN of ATTAINMENT”**

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*OUR PRAYER INTENTION for the week ahead:*

*Through the lighted potency of all that has been invoked, we enter this week with renewed Joy and expectancy. May the Magic of this Holy season fill our senses with heightened expectancy as the evolving “Mind of Christ” (Heart-Mind) opens the door to new life coursing through our veins.*

*May we be inspired anew FROM ON HIGH for the building of the new Temple of Humanity.*

◇ Placing both hands clasped over the heart (as portrayed in the image below), we bring this ritual to a close whilst once again inwardly intoning (or saying in a whisper):

***“Through the portal of the Heart of Universal Love– we forward move.”***



*SO BE IT*



◇ After completing the above ritual, we blow our candle lights onto the other side – sending our “intentionally lit” ritual lights onto the etheric plane where they are captured by Angels of Lord working with and for Humanity, including each of us. *Know* that all our Lights are burning brightly in the inner world, each flame a living testimony of the Soul, each flame tended to by an Angel of the Lord.

*~ Now, let us move (blow) our lights to the other side of the Veil ~*

Today and ahead let us reflect upon our work of the past weeks ... and the four-fold field of Earth, *raising Earth’s vibration with the Coming Light.*

We attend this “One Day” spanning the weeks of Advent, Winter Solstice Day through to Christmas DAY with deep *listening response ...* and a field *awareness – let us be* attuned to the new field.

*Joyful cooperation with the evolutionary forces of the Angelic Kingdom works to raise the vibratory fields of the earth for the Appearance of the Coming Light. In Companionship, we may find ourselves in the Company of Holy Companions.*



## ADDENDUM

◇ We are building a Christ field through a living Chalice – to be poured forth in blessing for Humanity and the Kingdoms of nature. Working consciously to build a heightened Christ field, we are ‘fitting ourselves for planned service, for the distribution of love, and for coming into conscious alignment with the great potency of the inner Groups.’

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***REMEMBER: “Christ is the World Healer and Saviour. He works because He is the embodied soul of all Reality. He works today, as he worked in Palestine two thousand years ago, through groups. There He worked through the three beloved disciples, through the twelve apostles, through the chosen seventy, and the interested five hundred... Now He works through His Masters and Their groups, and thereby greatly intensifies His efforts. He can and will work through all groups just in so far as they fit themselves for planned service, for the distribution of love, and come into conscious alignment with the great potency of the inner Groups.”***

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