

## VIRGO 2019



### SOLAR FULL MOON RITUAL

#### STUDY, MEDITATION AND DIAMOND SOUL PRACTICES: Day 1 (of Seven)

In Service of the Christ and the Great Ones, the Plan and the Full Flowering of Humanity

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#### *GOD as DIVINE MOTHER*

**Virgo - The blended dual Light.** Two lights are seen: bright and strong, the light of form; one faint and dim, the light of God. This light is distinguished by a waxing of one and the waning of the other. It differs from the light in Gemini. EA, 329

**The Word of the Soul:** *“I Am the Mother and the Child; I God - I Matter, Am”.*

The keynote embodying the *truth of the mission of Virgo* most is *“Christ in you, the hope of glory”*. EA, 251/2

OM

## ***FULL MOON RITUAL OBSERVANCES***

### ***A Path of Approach to the Kingdom of Souls***

Planetary and solar fire rituals are part of the emerging 'New World' Religion. As such, it is a "Soul-imperative" to organize our lives to participate in and take full advantage of the *rituals in the life of Sanat Kumara – the Lord of the World*. In addition to what we are 'doing' outwardly in the world, an interior full-Soul focus during these sacred monthly rhythms supports bringing in the New World religion in this changing Age from Pisces to Aquarius. And thus we serve.

During this time, we shall enter *the depths of the Secrets enfolded in this most significant of all the signs responsible for unfolding the hidden inner divinity*. Fully participating with the energies of Virgo, we can expect to find – discover and further awaken "The Mother and the Child" (*the dual blended light*) that is growing the inner Christ nature into full adulthood. We shall begin and end with the **Word of the Soul: "I Am the Mother and the Child; I God - I Matter, Am"**.

*In these energies, humanity is immersed—and with these energies conscious Disciples of the Christ work. ♦ Let us PAUSE TO REGISTER this fact.*



Participating in the Solar Fire Full Moons, we come into closer contact with the Spiritual Hierarchy and the Ashram of the Christ Who stands in Its Center. As evolving Souls, we are building fuller Soul consciousness that in turn serves to evoke the One Soul of Humanity in service of the Plan.

**PREPARATION: Building Confidence and Competence:** Aligning Soul, Mind and Brain.

Every full moon period has three phases: Preparation, Contact/Registration and Distribution "Giving Blessing" – "giving forth" to Humanity that which we have gained for *saving, at-one-ing and lifting*.

The Master DK wrote that the **Preparation phase** of the Full Moon Approach is designed to enable "**confident aspiration** to hold the mind steady in the light of the Soul" (Soul-Mind-Brain alignment). We add that participating in the Full Moon Approaches, month after month, year after year, develops **Soul-infused Competence** in the entire process of planetary/solar alignment and invocation/evocation. The Soul-Mind-Brain alignment develops us as **White Magicians** working with our spiritual Elders to manifest the Plan

for an evolving Humanity. True to soul laws, 'As we give, so we receive' – we shall find renewed opportunity to serve in a planned field of service for the Soul of Humanity and the Kingdoms of nature. What great Joy it is to thus participate!

In the daily meditation that follows, we shall make extensive use of sacred Word, OM sounded forth with intention and aspiration. To engage with **“the breath is the life”**, we participate with the Life energies of Virgo “breathing life” into the solar system.

We attune with the presiding **Angel of Virgo** and the constant presence of the **Solar Angel – the Angel of the Presence**.

Cooperating with the 12 Angelic Lights of each Sign, we in turn support the Solar Angel Who is ultimately responsible for stimulating and unfolding all **12 Soul Potencies of “the Mind of Christ”**, ultimately revealing full Christhood – the Christ/Buddha nature. As we exercise and unfold each *Potency of Light* residing in the "Heart in the Head Lotus", the intuition is strengthened and the bridge of light (antahkarana) is built bridging the way to the “True Soul” (the spiritual Triad) of God Immanent (Monad) that in due time and space shall be *revealed in form – the goal of the entire evolutionary process of Humanity*.

We work within the **field of the Soul Star Group as a consecrated Group assembled for esoteric work during this time**. Growing our understanding of what is meant by **“The soul is group conscious”**, we find the Christ in us unfolding the awareness of Who and What we are in truth and in fact as an expanding Identity. We become group aware and are led to Master awareness of ever expanding fields encompassing planetary, solar, and cosmic consciousness – the stars, constellations and galaxies, great Centers of Identity far beyond our ken. The Soul Star Group necessarily works through a much smaller sphere of awareness but within Its center radiates the 5-pointed Star of the Christ symbolizing His constant ever-Presence whenever two or more are gathered in His name.

Around the Christ stands the spiritual Hierarchy – the Masters of Love-Wisdom and their 49 Ashrams or Centers of Light, Love and Power. The Christ as we are coming to know Him today is the Heart, Head and Leader of the Kingdom of Souls *“where the Love of God is known”*. The Soul Star Group is a fractal of the greater Group, the Ashram of the Christ, directed and inspired to live and work as the Hierarchy works with ongoing revelation.



A few suggestive thoughts about the above follow (from the Ageless Wisdom Teachings). **Please read what follows meditatively, before beginning the formal meditation.**

### ***THE PURPOSE OF THE BREATH: Sounded forth with conscious intent and aspiration***

**"The breath is the life and pours through all the centers."** (Rays and Initiations, 161)

All our *conscious breaths* during meditation are to be done in the awareness of – “the breath is the life pouring through all the centers”. Then when sounding forth the sacred word, OM, it is *as the sacred breath of Life*.

### ***THE SACRED WORD, OM, SOUNDED FORTH***

When we sound forth the sacred word OM as a sacred breath of Life, it has purifying and attracting or building effects: “The *Sound or the Sacred Word* when correctly used has various effects which might be touched upon here.

“OM sounded forth, with intent thought behind it, acts as a disturber and a loosener of the coarse matter of the body of thought, of emotion, and of the physical body. When sounded forth with intense spiritual aspiration behind it, it acts as an attractive medium, and gathers in particles of pure matter to fill the places of those earlier thrown out. **Students should strive to have these two activities in their minds as they use the sacred Word in their meditation. This utilization of the Word is of practical value, and results in the building of good bodies for the use of the soul.**

“The use of the OM serves also to indicate to the workers on the universal planes, and to those in the outer world who are gifted with spiritual perception that a disciple is available for work and can be utilized actively in the needed places of the earth. This should be borne in mind by all aspirants and should serve as an incentive in making the outer phenomenal life coincide with the spiritual impulse.”

(Treatise on White Magic (TWM), 140/141)

### **THE DEVA AND HUMAN EVOLUTION**

“With the coming in of this seventh Ray of Ceremonial Magic ... the deva [angelic] and human evolution will, during the next five hundred years, become ... more conscious of each other, and be able therefore more freely to co-operate ... the benefit to both groups will be mutual. The human evolution should give strength to the deva, and the deva, joy to the human. Man should communicate to the devas the objective point of view, while they in turn will pour in on him their healing magnetism. They are the

custodians of prana, magnetism and vitality, just as man is the custodian of the fifth principle, or manas. (Treatise on Cosmic Fire (TCF), 183)

“It might be of interest here to point out that when **He** comes Whom angels and men await, and Whose work it is to inaugurate the new age and so complete the work He began in Palestine two thousand years ago, He will bring with Him some of the great Angels, as well as certain of the Masters. The angels have ever been active in Biblical history, and will again enter into the lives of human beings with more power than has lately been the case. *The call has gone out for them again to approach humanity, and with their heightened vibration and superior knowledge unite their forces with those of the Christ and His disciples for the helping of the race.*” (Externalization of the Hierarchy (EOH), 508)

### **SUGGESTION regarding the MEDITATION proper:**

Once learned and deeply practiced, one can hold these meditation instructions “lightly”. They are a ‘form’ and as is true of all forms, they can be naturally adapted to the specific needs and demands.

Let us be aware of *what is happening* rather than attempting to make something happen. Practicing the meditation as described whilst simultaneously letting go allows us to participate with the Angels and Their work with us more fully. These Great Ones can then better influence our minds with Ideas from the Universal Mind – the Mind of God. In this way, we allow the Real to come forth through us.

**Note:** You may want to play the OM (from the website) at least once during the formal meditation process to attune the vehicles to a higher vibration. The music tracks of Harold Moses attuned to specific frequencies (Hz) have been selected to correspond with the dominant Ray energy pouring through the Constellations (to the best of our current knowledge).

## MEDITATION

### I. SACRED IS THE BREATH of LIFE POURING THROUGH ALL THE CENTERS ....

#### Sounded forth with the SACRED WORD, OM

- ◇ Step into the peaceful Presence of the Soul with a conscious Breath of Life pouring through all the Centers. ◇ OM
- ◇ Breathe *a conscious Breath of Life energy* of Virgo ... visualizing and sensing it flowing through the Heart of the Sun ... the Spiritual Hierarchy and the Christ “where the Love of God is Known” ... on through the Human Kingdom and kingdoms of nature (animal, plant and mineral). ◇ OM
- ◇ With strong intention, **AUDIBLY** sound forth the Sacred Word, **OM**, pouring through all the centers, sensing it *disturbing and loosening, dissolving and releasing atoms of lesser vibration*.
- ◇ With **conscious, intense spiritual Aspiration** (attuning to the *high vibration of the Soul*), breathe in the "Breath of Life" *drawing in atoms of higher vibration*. **SILENTLY** sound the Sacred Word, **OM**, pouring through all the Centers ... **irradiating the mental body with Light, ... infusing the emotional body with Love ... and suffusing the vital etheric body with Life**. *Feel* the new Life pouring in ... healing ... balancing ... and enlivening.
- ◇ With a conscious Breath of Life, **AUDIBLY** sound forth the Sacred Word, **OM**, directing the solar infused light of Virgo into the vibratory field in which we now live and serve ... infusing and heightening its vibration ... and extending far and wide.

Take a moment to **realize** that every intentional, conscious Breath of Life with the OM sounding forth, is a deeper entry into the True Soul (the True Soul Self) — making a truer, finer and fuller contact with Reality ... further awakening and expanding our Consciousness (*Awareness*), ... parting the veils to Its Ever-Presence ... and creating a wider bridge for Soul descent and ascent.

NOTE: where asked to “see, sense or feel”, one can visualize or imagine. In due time, imagination and creative visualization give way to realization.



## II. WORKING WITH THE SOLAR ANGEL and THE ANGEL of VIRGO – the 6th petal of the “Heart in the Head Center”.

The ever ‘Presence of the Solar Angel’ directs our awareness to the Crown Center above the Head— the 1000-petaled Lotus and its innermost Center—the “Twelve-petalled Heart in the Head”.

◇ Attune now with the Solar Angel ... bringing us into resonance and vibratory relationship with the Angel of Virgo governing the 6<sup>th</sup> Petal. ◇ We allow ourselves to be guided by Their magical powers of Love, Intelligence and Holy Will upon our Way. ◇ OM

◇ With the next conscious “Breath of Life”, follow the Life energy streaming from Virgo through the Crown Center ... passing slowly through the Ajna ... Alta Major (top of spine) ... Throat centers ... and pausing at the Heart Center to sense (or imagine) the vibratory interplay between the higher and lower Heart Centers. ◇ The life energy continues flowing through the all centers — heightening (making sacred) every center ... ◇ and a portion flowing out through the minor centers in the soles of the feet into the earth "Blessing the Earth upon which we walk". ◇ OM

◇ Follow the energy as it circulates ... re-ascending up the central spinal column (or as a great ovoid, a *torus* of dynamic circulating energy flowing in all directions) ‘returning Home whence it came to the Crown’ completing this divine circulatory flow. OM

Here within our own Body is a great symbolic and *real* Truth of the Pilgrim’s journey – of ourselves as Monads—the Spirit in extension journeying forth deep into matter for the purpose of “saving and redeeming” whilst returning to the Father’s Home – the Crown. Now we *Remember*.

◇ *LET US BE in the radiant flow of this circulating energy – standing in a fountain of down-pouring and up-rising energies ... sensing a continuous filled-fullness. ◇ We sound forth a SILENT OM ... affirming and sealing in the new vibration.*

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*Continue with Part III – the Soul Star Group in “Group Approach to Divinity”*

### III. THE SOUL STAR GROUP – The Soul is Group Conscious

~ Moving Together As One in “Group Approach to Divinity” ~

◇ In the prepared and enlivened state in which we now stand, let us widen our Awareness ...



*seeing* ourselves standing inside a large circle of **Participating Souls** gathered as the “**Soul Star Group**” – *purposed* to work in “Group Approach to Divinity” in the Company of the “Great Ones” with Christ in the Center. ◇ OM

◇ *Let us see all Souls herein gathered as radiant spheres of living, lighted Love and Holy Will - silently sounding forth the sacred Word, OM, strengthening our unified vibration.* ◇ (If you do Triangles work, do so now).

◇ We are as if a \*1000 radiant spheres of Light and Love, soul Virtues and Soul Ray powers pour through the Group. ◇ We pause to sense the Soul Star Group as one whole, pulsing as one beating Heart in unified Group vibration, *filled full* with the vibratory presence of the Spiritual Hierarchy – and the **Heart of the Christ** standing ever at the Centre. ◇ A silent **OM** is sounded.

◇ *In this heightened energy field of the Christ, let us sense (visualize or imagine) the Soul Star Group nestled within the matrix of the 7 x 7 of 49 Ashrams of the Christ ... His Star ever shining forth from That magnetic Center radiating Holy Light, Holy Love and Holy Will ...* A great flow of dynamic energy streams through us and all consecrated Groups. In this heightened group vibration, sense **perfected Goodness, Beauty and Truth** flowing through the Spiritual Hierarchy and the Christ – from the Lord of the World, That Centre where the Will of God is Known. ◇ **OM**

◇ **WE CLOSE WITH THE GREAT INVOCATION blessing Humanity and the World:**

*Beginning with an OM, we stand within the Soul Star Group – as a Group Soul sounding the Great Invocation.*

**THE GREAT INVOCATION**

**The Sacred Word, OM  
(Sounded three times as Light, Love and Power, respectively)**



◇ Throughout this day, “come here often” – consciously entering the vibrational reality and aroma of the magnanimous Soul Star Group with Christ in its center ... intensified with living, lighted, loving power.



The DIAMOND SOUL PRACTICE and CONTEMPLATION for the Day continues on the next page.

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\*1000 is a metaphor for “countless numbers”





#### IV. CONTEMPLATION and DIAMOND SOUL PRACTICES FOR DAY ONE

##### *PREPARING TO EXPERIENCE THE LIFE OF VIRGO*

As we continue the journey of Esoteric Advent – a Soul Advent of the Planetary Christ – His Holy Company and the emerging Christ through Humanity, we deepen the experience of the emerging Light of the Soul from Leo to Virgo as the Divine Mother energies flow through Virgin substance – in “the planes of form”.

*(Music: Interlude)*

Read the following words about the Divine Mother through Virgo contemplatively, several times. Allow the word-symbols to settle into your ‘heart mind brain’.

Think for a moment of the Angel of Virgo (an ‘angelic interpreter’) to bring forth a deeper experience and meaning, leading you to participate more fully with what comes to mind.



*THE DIVINE MOTHER “Virgo is the nurturing force of substance itself ... It’s symbology concerns the whole goal of the evolutionary process which is to shield, nurture and finally reveal the hidden spiritual reality... it fosters and protects the [evolving] Christ life, preparing for manifestation of a divine incarnation.” (EA, 345)*

◇ Sound the sacred Word, OM, confirming the vibration of your expanded awareness.

*OM*

## CONTEMPLATION

As we consider the shielding, protecting and nurturing process inherent in life itself, we will see how we naturally **shield** (protect from harm) the people in our lives, the animals in our lives, projects and potentials we deem 'precious' and all that we deeply value - from the dangers, interferences and destructive or premature forces and influences in our environments. The Mother in all of us shields and protects – it is the great mothering instinct in us that extends this protection to the larger world of crops, plants and flowers, trees and forests – to the whole of the natural world, and to the planet and Humanity itself as our sense of Self expands to include the whole for the good of all sentient beings.



The Virgin in us is an expression of divine potential as seeds of GOD take root and shower forth in Creation.

The Mother in us first Shields and protects, then Nurtures – feeds, clothes, educates, encourages, and then Reveals the manifest reality of who and what we are in full expression – continuously in evolution as seeds of divine potential unfold.

Not long ago while creatively “**laboring**” in the Soul Chamber for the 7 Day Virgo ritual, we caught a glimpse of the Hibiscus plant growing in the intense **heat** and full **light of the sun**, flowering in **full glory displaying a crown and body** of abundant leaves and pink lavender **flowers**. As if beaming at us, we gasped at her **abundant beauty**. She brought to mind a metaphor for our work in Virgo of the inner and outer processes that bring about such a “flowering success” and full display. Three years earlier a gallon sized hibiscus was **planted** in the ground – in deep

dark rich soil, the **secret soil of mother matter – of virgin substance**. In the months and two years that followed, ‘hibiscus’ was watered and tended and **nurtured in secret** by the forces of nature as she made **deep roots**. Only minor visible growth was seen in the first two years. In this interim, ‘hibiscus’ needed “**shielding and protecting**” from the abundant deer in the area who loved eating her delicate leaves and flowers but which prevented her from growing more fully. In the third year, wood poles with fencing were erected to surround her in a **sweet field of protection**. Immediately she began growing abundantly, now **bursting forth in full glory** with flowers and leaves, strong visible roots and towering stalks. As the wind blows through her, she sways with beauty, strength and vigor, and the promise of more.

Now today, in this fourth year standing fifteen feet in height, she reflects back to us the fruition of the Mother processes, some done in secret by nature and others through necessary nurturing, continued shielding and constant loving appreciation. We marvel at this metaphor for human flowering.

Isn't it true that as *we become deeply rooted in our Soul nature, shielded and guarded from distractions and continually nurtured, the revelation of our true nature will surely follow for all to see* the display of full glory (at the third initiation).



◇ We will now reflect and review how the shielding, protecting, nurturing and revealing Mother principle continues to work in our lives, secretly, unconsciously, and visibly. We want to recognize the living reality of this aspect of Virgo in our lives and in the evolving world around us.

Contemplate Virgo as the 'nurturing mother' guarding the "Christ principle" on the plane of material living – of "*the radiant surface of the earth, "the plane of form"*" bringing growth and fruition in the "*fullness of time*".

The Virgin has been working in the deep, dark, quiet warmth, and through **crises** – in the womb of time of all our lives preceding the 'gifts of light'.

Crises can present themselves as opportunities, achievements, the unknown or as difficult circumstances accompanied by pain or suffering.

Recognize a gift of light where once lived the darkness. Link this period to the workings of Virgo the Virgin in your life. How has it adjusted your perception of crisis events as that of growth resulting in "gifts of light"? REFLECT

Observe. "Be with" what is (or has been) through *this lighted understanding*.



◇ In Virgo, the purpose for which form life exists, is realized when the desire for personality satisfaction has changed to a desire for the recognition of the indwelling Christ (the inner spiritual reality) taking full control – thereby releasing you from the thrall and control of matter, and manifesting your *true nature* in the world.

REFLECT. Where *are you in this process*?

Consider something you have been doing, or a perspective you have had on life – a way of living or being for a long period of time – perhaps how your entire life *has been evolving 'in secret' (not conscious) slowly bringing you release* from material preoccupation for the purpose of manifesting your true nature, and/or for a higher soul calling of service.

REFLECT now on the *revealing light* becoming known – to and through you and those you seek to serve.

After sufficient reflection, speak aloud – **Let the wisdom of the Mother speak to and through you now, summarizing what has been, and what shall be.**

◇ We sound the Sacred Word, **OM**, in the magical process of making conscious what has been and is now being 'nurtured in heart, mind and body' for *revelation*.



Throughout this day “come here often”. Consciously enter the aroma of the magnanimous Soul Star Group infused with Virgoan Christ energy ... softly intensifying our lives with living, lighted, loving power of the Christ and Divine Virgin Mother together.

◇ Periodically throughout this month, bring to mind 'what is borne and nurtured' – knowing that as you do, you are nurturing the "**inner spiritual reality**".

◇ Allow for Guidance, for further stimulation by the *Virgin and Her Angels*. As these blessings of contact flow through you, you will be blessed and can bless all whom you contact and think upon this day and in the days to come.

As the magical powers of Virginal Love ... Lighted Intelligence ... and Holy Will flow through us, made ever more present during these Days of Group Approach to Divinity, we move forward upon the Lighted Way as a Group in service of the Plan.

**OM**





## DAY TWO

### DIAMOND SOUL CONTEMPLATION and PRACTICE

#### *EXPERIENCING VIRGO the VIRGIN*

As we continue the journey of Esoteric Advent – a Soul Advent, we deepen the experience of the emerging Light of the Soul in Leo through the Divine Mother.

VIRGO THE VIRGIN shields, nurtures, and reveals the ever evolving Christ child into full adulthood. The sphinx is a symbol of the soul-infused personality – the lion personality (Leo) tamed and controlled by the Soul (Virgo). “Virgo and Leo together stand for the whole man, for the God-man as well as for spirit-matter ...” (EA, 288)

**“She is the Virgin Mother, providing that which is needed for the mental, emotional and physical expression of the hidden but ever present divinity.”** (EA, 254) She is Eve, Isis and Mary of the threefold personality expressing and serving the Christ Principle.

“Gemini and Virgo are closely related but Gemini presents the pairs of opposites – soul and body – as two separate entities, whereas **in Virgo, they [soul and body] are blended and of great and supreme importance to each other**; the mother protects the germ of the Christ life; matter guards, cherishes and nurtures the hidden soul. The keynote which embodies the truth as to the mission of Virgo most accurately is **“Christ in you, the hope of glory.”** There is no clearer or more adequate definition of this sign than that; I would have you bear it in mind throughout our discussion upon this sixth sign of the zodiac ...

“The sign Virgo is one of the most significant in the zodiac for its symbology concerns the whole goal of the evolutionary process which is to shield, nurture and finally reveal the hidden spiritual reality. **This every form veils, but the human form is equipped and fitted to manifest it in a manner different to any other expression of divinity and so make tangible and objective that for which the whole creative process was intended.**”  
EA, 251/2

Every new expression of hidden divinity is a revelatory birth of the inner Christ coming forth.

*PAUSE TO CONTEMPLATE (the above)*

Brought to light through the sacred knowledge of the Ageless Wisdom teachings, we come to “Know Her” whilst immersed in the Life energies of Virgo the Virgin. As we draw *closer in rapport with Her, moving toward “identification” – we blend spirit and form.*

We have within us a divine encoded reality awaiting revelation.

We have an innate *response-ability* to become Divine, ever more.



## IDENTIFICATION PRACTICE

### “The Dual Blended Light of the Mother and the Child”



◇ Let us now enter into a deeper felt experience of the *Divine Mother and the evolving Christ. Allow HER to flow through you now ...* infusing you with Her essence as *Divine Mother.* Be *immersed in HER Living energies now.*

*Identify with both the living Mother and the evolving inner Christ through the words: “I am the MOTHER and the CHILD.”*

OM

*In the vibration of this holy Space .... I am the Mother and the Christ  
I am conscious revelatory Awareness ...  
... a revelation of remembrance ...  
... a Holy Presence ...  
... revealed in pure form long unformed, now becoming flesh*

◇ Sound the sacred Word, OM, sealing and confirming *this vibratory revelation ...*

*~ Recognize what is alive in you now ~*