

LEO SOLAR FULL MOON RITUAL

STUDY, MEDITATION AND CONTEMPLATIONS: Day 2 (of Seven)

In Service of the Christ and the Great Ones, the Plan and the Full Flowering of Humanity

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LEO – The Light of the Soul

DAY TWO: Building Confidence and Competence: Aligning Soul, mind and brain.



To do this fully,

- 1) we remind ourselves of the purpose of the Breath,
- 2) we engage the spiritual power of the sacred Word, OM, sounded forth with intent and aspiration,
- 3) we make a **felt contact** with the Solar Angel Who helps unfold “the Mind of Christ” in us, and the great Angel (Energy) of each of the 12 Signs conferring 12 Soul powers (of God Immanent) that we may become fountains of Soul Light and Love in service of the Plan. This month we unfold the 5th petal of Leo,
- 4) we participate in the Soul Star Group standing with all Groups assembled, inwardly and outwardly around the world, within the Planetary field of the Group of Groups, with Christ as the Heart in the Center.

To read more about these, go to Day 1, or click on these themes on the website of the 7-Day Full Moons (Educational Process Themes: The Breath is the Life, Mantram – The Sacred Word OM, What Is Alignment).

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I. "THE BREATH IS THE LIFE POURING THROUGH ALL THE CENTERS" with the SACRED WORD, OM

MEDITATION as the Soul on the BREATH OF LIFE

We will now come into the living (vibratory), **peaceful Presence of the Soul, through conscious breaths of Life pouring through all the Centers.**

◊ We breathe in a *conscious breath of Life* with the energy of Leo, visualizing and sensing it flow through the Heart of the Sun, through Shambhala (where the Will of God is Known), through the Christ and the Spiritual Hierarchy (where the Love of God is Known).

◊ With a conscious "Breath of Life pouring through all the Centers", **AUDIBLY** sound forth the Sacred Word, **OM**, disturbing and loosening, **dissolving and releasing atoms of lesser vibration** (we visualize and sense their release).

◊ Then, with **conscious, intense spiritual Aspiration** (inwardly reaching/attuning as *high* as we can), breathe in the "Breath of Life", **drawing in atoms of higher vibration.** **SILENTLY** sound the Sacred Word, **OM**, pouring through all the Centers ... irradiating the mental body, ... infusing the emotional body, ... and suffusing the vital etheric body ... Feel new Life pouring in, ... balancing, ... healing and ... enlivening.

◊ With a conscious Breath of Life, **AUDIBLY** sound forth the Sacred Word, **OM**, directing solar-infused light from Leo to enter the *vibratory field of the Soul in which we live and serve, ... infusing and heightening its vibration.*

Take a moment to *realize* that every intentional, **conscious Breath of Life with the OM sounding forth**, is a deeper entry into the *True Soul (the Soul Self)* — making a truer and fuller contact with Reality ... further awakening and expanding our Consciousness (*Awareness*), ... parting the veils to Its Ever-Presence, ... creating a wider bridge for Soul descent and infusion.

II. REMEMBERING THE SOLAR ANGEL and JOINING WITH THE ANGEL OF LEO – the 5th petal of the "Heart in the Head Center".

◊ Remembering the 'ever Presence' of the Solar Angel; focus the attention on the Crown Center above the Head, the 1000-petaled Lotus. Bring your awareness to the "twelve-petaled Heart in the Head" of this great Center.

◊ With conscious intent, come into resonance with the Angel of the 5th Petal, of Leo, calling us into vibratory relationship. ◊ Allow yourself to be guided and infused now by It's magical powers of Love and Intelligence and Holy Will, upon our Way.

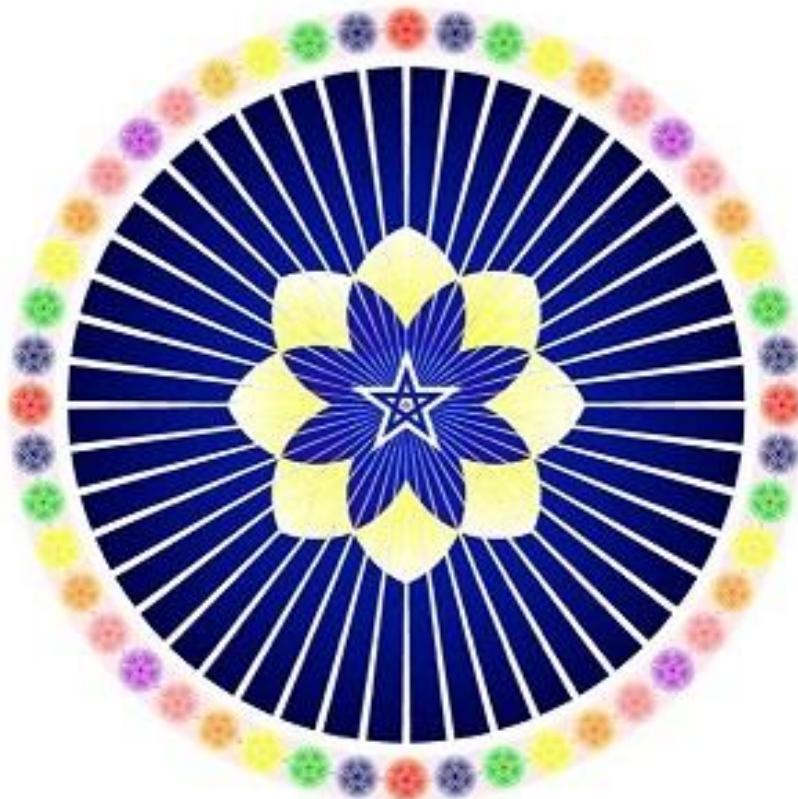
- ◊ Breathe in the life-giving powers and qualities of the Angel of Leo. On an out-breath, ***SILENTLY*** sound the Sacred Word, OM, pouring through all the Centers ... irradiating the mental body, infusing the emotional body, suffusing the vital etheric body ... whilst feeling new Life pouring in ... balancing ... healing and enlivening.
- ◊ With the next conscious “Breath of Life”, follow the Life energy streaming and flowing through the Crown Center – pausing at the Ajna, ... Throat (with Alta Major) ... and Heart Centers ... continuing on through the lower centers — heightening (making sacred) each with vibrations of new Life.
- ◊ The energy flows naturally on its own ... a portion flowing out through the minor chakras in the soles of the feet and into the earth, "Blessing the Earth upon which we walk".
- ◊ Follow the energy as it circulates ... re-ascending up the central spinal column ‘returning Home from whence it came to the Crown’, completing a divine circulatory flow.

Here within our own Body is a great symbolic and *real* Truth of the Pilgrim’s journey, of the Monad in extension journeying forth deep into matter for the purpose of “saving and redeeming,” returning to the Father’s Home – the Crown.

- ◊ *BE in the radiant flow of this circulating energy – standing as a fountain of down-pouring and up-rising energies ... achieving a sense of continuing filled- fullness.* ◊ Sound forth a silent OM, sealing in the new vibration.

(Continue with the Soul Star Group meditation below.)

III. THE SOUL STAR GROUP – a unified Spiritual Group Approach to Divinity



- ◊ In this enlivened state, let us widen our awareness ... *seeing* ourselves standing inside a large circle of *Participating Souls*, gathered and gathering as the “**Soul Star Group**”— *purposed* to work in “Group Approach to Divinity” with the “Great Ones” and The Christ. ◊ **Let us see all Souls herein gathered as radiant spheres of living, lighted Love and Holy Will.**
- ◊ Whilst *silently* sounding forth the sacred Word, **OM**, in one simultaneous movement, we extend a Soul ray of love and light—Soul to Soul, to all here gathered.
- ◊ Let the group now beam forth a Ray of Love straight to the **Heart of the Christ Who** stands ever at the Centre – *Teacher and Leader alike of Angels and of Men* (Humanity) ... and receive His return flow.
- ◊ We are now as if a 1000 radiant spheres of Light and Love, of soul Virtues and Soul Ray powers. Take time now to feel and sense into the Soul Star Group as One whole, pulsing as one beating Heart in unified connection, filled full and vibrating with the Love of the Christ.
- ◊ Let us *now see* the Soul Star Group nestled within the matrix of the 7 x 7 – 49 Ashrams of the Christ ... His Star shining forth from the Center radiating with magnetic power. ◊ Through our increased group vibration, let us see *perfected Beauty reaching to and through the Spiritual Hierarchy to the Lord of the World – the Centre where the Will of God is Known.*

Group Invocation in the Light of LEO

"The heart center corresponds to the "Heart of the Sun" and therefore to the spiritual source of light and love." (EH, 156)



More than a solar orb of light, the Sun is a great Life, and a source of life for this solar system and beyond, *giving forth eternal Light, Love and Life*. We can come en rapport with the life-giving energies behind the Sun through invocation and evocation. As we contact the Sun with increasing awareness and sensitivity, it will pour through our etheric body system.

The Gayatri is an ancient Hymn to the Sun. It is a prayer/invocation intending to contact the life behind the Sun – a great Heart of Love. Let us begin by first breathing “the breath of life” pouring forth from Leo through the *Heart of the Sun. Then say the words as if you are speaking to a great Life:*

The Gayatri

**"Oh Thou Who givest sustenance to the Universe,
From Whom all things proceed,
To Whom all things return,
Unveil to us the face of the true Spiritual Sun,
Hidden by a disk of golden light,
That we may know the truth,
And do our whole duty,
As we journey to Thy sacred Fire (feet)."**

DIAMOND SOUL CONTEMPLATION PRACTICE for LEO

DAY TWO

The Heart Center and the Heart in the Head (Center)

The life energy pouring in from Leo is for us "the light of the soul" as it passes through the Heart of the Sun.

"The heart centre corresponds to the "heart of the Sun" and therefore to the spiritual source of light and love."

"... It is the organ for the distribution of hierarchical energy, poured out via the soul into the heart centre of all aspirants, disciples and initiates; in this way this energy is made available and brings about two results:

1. The regeneration of humanity through love.
2. The relationship, firmly established, between a rapidly developing humanity and the Hierarchy. **In this way two great planetary centres—the Hierarchy and Humanity—are brought into a close contact and relationship.**

"... As the Bible says: "the love of God is shed abroad" in the human heart, and its transforming, magnetic and radiatory power is essential for the reconstruction of the world and for the establishment of the new world order. Upon the unfoldment of the heart centre, and on an intelligent relation of mankind to the Hierarchy, with the consequent response of man to the energy of love, all disciples are asked at this time to ponder and reflect, for as a "man thinketh in his heart, so is he." Thinking in the heart becomes truly possible only when the mental faculties have been adequately developed and have reached a fairly high stage of unfoldment."

"Feeling in the heart is often confused with thinking. The ability to think in the heart is the result of the process of transmuting desire into love during the task of elevating the forces of the solar plexus into the heart centre. Heart thinking is also one of the indications that the higher aspect of the heart centre, the twelve-petalled lotus found at the very centre of the thousand-petalled lotus, has reached a point of real activity. Thinking as a result of correct feeling is then substituted for personal sensitivity. It gives us the first faint indications, likewise, of that state of being which is characteristic of the monad and which cannot be called consciousness—as we understand the term." (Esoteric Healing (EH), 157)

Contemplation Reflection:

- ◊ As the emotional nature and lower desires (desires of the separated self) are transmuted into love, the heart center becomes more fully active and can serve as a vehicle for the Soul and the Great Ones for the outworking of the Plan. Then can we consistently "think in the Heart". Thoughts are then set in the field of and conditioned by spiritual Love. "**Thinking as a result of correct feeling is then substituted for personal sensitivity.**" Reflect upon how this has and is outworking in your own life. Note the changes or effects this has had on you and others. Note the strengthening of your identity as the Soul.
- ◊ As we learn to "think in the heart" we strengthen the relationship between the two heart centers (the etheric hearts in the head and torso). Then the higher heart center opens the gate and the flow from on high, allowing for greater soul infusion, and subsequent inspiration to serve the Plan. Reflect.



WE CLOSE WITH THE GREAT INVOCATION. ◊ Visualizing our Soul Star Group as a conduit for receiving and giving the energies of the Christ to Humanity, we extend Christ's Love to *resound* in the Heart and Soul of Humanity ... infusing and irradiating Humanity with the power of His Love, Light and Holy Will. Through this dynamic visualization and sounding, the soul of Humanity is evoked into fuller expression.

Identified with (*as*) the group Soul of the Soul Star Group, let us participate with the Christ and the Spiritual Hierarchy in sounding ...

THE GREAT INVOCATION

*The Sacred Word, OM
Is sounded three times with Light, Love and Power*



◊ Throughout this day, "come here often" – consciously entering the aroma of the magnanimous Soul Star ... intensified with living, lighted, loving power.

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