

## AQUARIUS 7 Day SOLAR FULL MOON RITUAL

### DAY ONE of SEVEN – Aquarius

*A Group Approach to Divinity – Meditation, Contemplation and Soul-Realization  
in Service of the Plan for the Heart of the Christ and the Soul of Humanity*



Aquarius is “The Light that shines on Earth, across the sea. This is the light which ever shines within the dark and cleansing with its healing rays that which must be purified until the dark has gone”. (Esoteric Astrology, 330)

#### **The Word of the Soul: Waters of Life are we poured forth for thirsty Humanity**

##### **SETTING THE SOUL FIELD FOR “TRUE SOUL” REALIZATION**

*In the ‘times and seasons’ rhythmically and intentionally set apart for spiritual group work and entry into the sacred Mysteries – for deeper Soul contact, heightened alignments, and group Soul contact with Those Who lead Humanity “upon the Lighted Way”, the Great Wheel turns. We enter the Life currents of the Sign Aquarius bringing with us all the gains from our “Esoteric Advent – Christmas” immersion where two lights blended on the mountain top of Initiation and “Christ in you is born” annually, anew, in fuller measure.*

*Aquarius signifies the experience of the inner Christ “rising” in you.*

During the month of Aquarius, potently heightened during the 7 Day FM period, we come into conscious contact with the Angels of Aquarius and the Solar Angel stimulating the eleventh Christ potency (inner latent power) of the Heart in the Crown Center of the 1000-petaled lotus – a microcosmic reflection of the Glory Body of the ONE SELF (That BEING WHO encompasses and expresses through 12 Constellations).

As we consciously travel round the zodiac, absorbing and then distributing these energies in Service, the True Soul of "the Risen Christ" increasingly comes forth in ever greater beauty, strength and measure. We become **What We Are** in fact and in Truth, here and now, incarnated in human form.



### *PREPARATION: Alignments Opening into the Greater Soul Field*

#### *I. "THE BREATH IS THE LIFE - SOUNDING FORTH "THE SACRED WORD, OM"*

◇ Breathe in a **Soul breath** (a sacred breath of life) ... sound forth the **sacred Word, OM, coming into the peaceful Presence of the Soul ... creating sacred space** – no past, no future, only now.

◇ **Consciously visualize linking with the Life energy of the constellation Aquarius – "WATERS OF LIFE AM I Poured forth for thirsty humanity"** pouring through the Heart of the Sun ... through Sanat Kumara (Lord of the World), ... the Christ ... and Humanity ... to the Crown Center ... We *Breathe in* this new Life energy.

◇ Sounding an OM, the "Breath of Life" *pouring through all the Centers ... sense* (visualize, see, feel or imagine) **the dissolution and release of atoms of lesser vibration ...** ◇ Breathing conscious **Breaths of Life, with intense spiritual Aspiration, draw in atoms of higher vibration ... lifting and heightening your vibration** – allowing new life to pour through ... every conscious breath a deeper entry into the Soul field, every breath a truer contact with Reality held firm by the Triune Soul Self.

◇ **SILENTLY** (or softly aloud) sound forth the Sacred Word, **OM**, the renewing energy of Love and Life pouring through us ... *lifting and heightening our vibration and the vibratory Soul field in which we now stand* – "living through" that which we are and serve.

Realize that every *Conscious Breath of Life, in the energies in which we now stand*, brings about a deeper entry into the Soul field. Simultaneously identify more 'as the True Soul', to come into fuller contact with *true Reality – the true Christ nature inherent in all*.



## II. Coming into resonance with the Angels of the 11<sup>th</sup> Petal and the Solar Angelic Presence



◇ Bring your awareness to the “Twelve-petaled Heart in the Crown Lotus” of the 1000-petaled Crown Center, sound forth the Sacred Word **OM** (silently or softly aloud). **Imagine coming into resonance with the Solar Angel** (the Angel of the Presence) **and the energy of the governing Angel of the 11th petal of Aquarius**. ◇ In the moments that follow, *be with the vital Presence* of these Angels as Their lighted Intelligence, loving Presence, and specialized Powers work with and in you ... irradiating the mental body with Light, infusing the emotional body with Love, and suffusing the vital etheric body with new Life.

As the *constant* lighted love and higher will of the Soul irradiates the mind, infuses the heart, and suffuses the etheric body, we are lifted to another level of vibration – and higher *Soul Identity*. We become wiser, more *truly* loving, more knowing and “all-seeing” ... thereby better *enabled* to serve the Plan in cooperation with the Guides of the Race. *Confirm this process in you.*

◇ Take a moment now to impress our heart-mind with the light and life energy of Aquarius – the “*light which ever shines within the dark, cleansing with its healing rays that which must be purified until the dark has gone*”. **OM**

As Aquarian energy pours through the Crown Center and begins its decent down the central column – through the Ajna Center, Alta Major (top of spine / base of head) and Throat, pausing at the Heart Center to sense or imagine the interplay between the two Heart Centers (heart center behind the spine and Heart in the Crown of the 1000-petaled Lotus) ... continuing through the remaining lower centers ... **Aquarian Christic Light gently cleansing ... healing ... heightening ... thence** flowing through all the minor centers, touching the Earth, “Blessing the Earth upon which we walk.” Pause. ◇ On an In-Breath, follow the energy returning *home* “whence it came” ascending to the Crown, completing the Divine Circulatory flow – a perpetual fountain of youth – Life descending and ascending (an ovoid, or torus of dynamic circulating life energy). ◇ OM

Here within our own body is a *real and symbolic truth* of the Pilgrims journey – the Monad, Spirit in extension, journeying forth from on High, descending deep into matter for the purpose of saving and redeeming whilst returning to the Father’s Home (in the Crown).

◇ For a few moments now, “*Be*” in the radiant flow of circulating energy – standing in the fountain of down-pouring and uprising energies – in the continuity of filled-fullness, giving and receiving ... *in-breath, out-breath, in-breath, out-breath ... ad infinitum.*

In timing that is right for you, sound forth the sacred Word, **OM**, sealing (confirming) the new vibration.

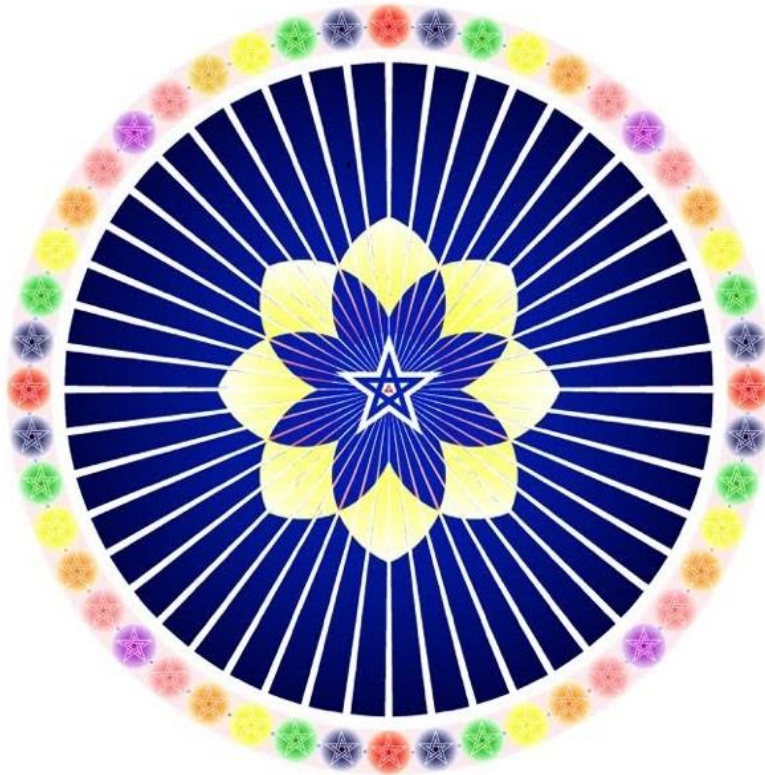


### III. THE SOUL STAR GROUP – “Group Approach to Divinity”

~ THE SOUL IS GROUP CONSCIOUS ~

#### *Group Soul Infusion and Linking with the Greater Groups*

◇ The Soul is Group Conscious. In the expanded state in which we now resonate, purifying renewing energy flows through all our centers, widening our awareness. We see ourselves standing inside a large circle, “the Soul Star Group”, where are gathered *Participating Souls*—for the purpose of



working in “group approach to Divinity” with the Christ and the Great Ones Who serve the Whole. ◇ With the Creative Imagination, *sense* all Souls herein gathered as *radiant spheres of living, lighted Love and Holy Will.*

◇ Let us now become aware of one Soul Group vibration ... as the sacred **Word, OM, is sensed sounding – confirming our Group vibration – one** expanding sphere of Light—with Soul virtues and Soul Ray powers blending in One radiant whole of unified vibration in Holy Light ... all-inclusive Love ... and dynamic Will.

—Let us be aware that we are One Mind - One Heart - One Body — One Group Soul.

Imaginatively, AS ONE SOUL, we sound forth the sacred Word, **OM**, confirming our group vibration.

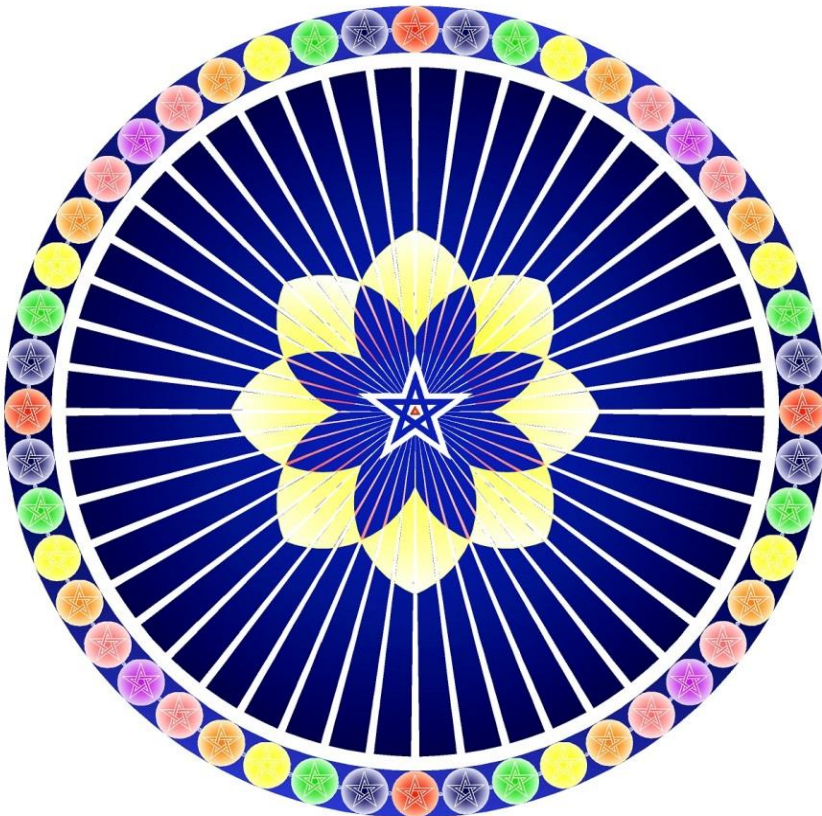


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#### IV. STANDING IN RESONANCE WITH THE AQUARIAN CHRIST AND HIS ASHRAMS

##### *The Spiritual Hierarchy – Where the Love of God is Known*

◇ Remember the Words of the Christ ~ *“When two or more are gathered in My Name, There Am I Also”*. ◇ *His great “Heart of Love, Holy Light and Dynamic Will”* streams through and magnifies all “Soul Groups” actively cooperating with the Plan of the Father, in world service.



◇ Let us turn our countenances now to the five-pointed Star—symbol of **The Christ**. ◇ **Align now to stand in resonance with the Christ – a magnanimous Presence radiating from the Center – the Major 7 and 49 Ashrams, circled round the Christ – Dynamic Centers of energy pulsing with Life and radiatory power.**

◇ Allowing our subtle senses to open, (revealed, felt or imagined), Pause to “Be With” ~ Be in vibrational resonance With ~ the *‘Ever Presence of the Christ, the Great Ones’ – the “great potency of the inner Groups” – “the Ashram of the Christ” – That Is the Christ Field.* OM

*In This Light ... We take our Stand.  
We with Him – He with Us.*

◇ **In the great Heart and Presence of the Christ and the Great Ones, sound the sacred Word OM** (silently or aloud) ... affirming the Soul Star Group and all consecrated soul groups consciously *standing in resonant alignment with Them*.

Affirming Unity, We are *One Group, one pulsing beating heart, breathing “Aquarian Life”* ... *feel* new life flowing through **our group** ... and **all Groups gathered in His Name** ... nurturing the **Soul of Humanity**.

◇ **As a Group, we turn now to face the world: In concert with the Great Ones, we sound forth the Great Invocation – or the last line of the GI, sending forth healing rays to the Soul life of Humanity** ... nurturing “soul relations” ... charging and blessing all Soul-inspired projects, initiatives, groups and group leaders, spiritual centers ... and all the Kingdoms of nature ~ **upon the Earth**. ◇ **OM / Amen.**

◇ Be affirmed that all Serving Groups cooperating with *“the great potency of the Inner Groups”* will in due process, find themselves serving *‘With Them, Among Them, In Them’ – and ‘They Through Us’*.



## DAY ONE

### CONTEMPLATIONS and DIAMOND SOUL PRACTICES

LET US CONTEMPLATE, BE IMPRESSED and INSPIRED by one or more of the following SEED THOUGHTS:

The constellation Aquarius “is one of supreme importance to our solar system at this time, for it is the Sign into which our Sun is rapidly moving and its influence is **gaining in momentum and added potency** with each vanishing decade. It is, therefore, largely responsible for the **changes** now being effected in our planetary life in **all the kingdoms of nature**, and, because it is an **air sign, its influence is all-pervasive and inter-penetrating.**” (Esoteric Astrology, 134)  
— PAUSE to reflect and *be impressed* by this statement.



◇ The great ideals of Aquarius are *Universality, Inclusion and Brotherhood. Sense, feel, or imagine the Love of the Logos pouring through these great Ideals for Humanity ... through all groups ... through us ... through you ... as a Rising Christ.*

*Universality can be understood as an idea, a practice, a higher “Law” that is ubiquitous, present everywhere, spread world-wide such as ultimately the Four Freedoms will be.  
Inclusion is an Aquarian principle where no one is excluded, left out or left behind.  
Brotherhood is seeing and knowing the soul in everyone. Think this through – actively aware, observing & participating. We are strengthened to build this field of possibility.*

Let us allow the energies behind the above *great Ideals* to flow through us now, opening our mind and heart wider, expanding our sense-of-Self. ... Include the planetary life of the Kingdoms of nature. All ***this is the Aquarian Christ Heart-Mind “taking over”.***

◇ CONTEMPLATE: The Love of God *never before contacted* flowed through the Christ creating true communion and brotherhood. This is expressing today as the *rising Christ – in you ... – in us ... – in all Humanity.*

“In Aquarius, Christ put His disciples in touch with the “man, bearing a pitcher of water,” Aquarius, and in the upper room introduced them to union and unity under the symbolism of the communion feast. For that feast, humanity is today preparing...” (EA, 167/8)

◇ Recognize where this “communion” is taking place. ◇ *Sound the Sacred Word, OM, confirming the Truth of Union and Unity expanding and taking place.*

As we look for the “signs” of Aquarius manifesting in the world today, we open this door more widely. Actively looking for, with new understanding and positive vision, this new energy coming into play, we assist cleansing the past, we bring solace to suffering – in ourselves and others, and we encourage looking to and for the “new”.

– *Let us welcome the waters of Life to flow through us, to expand our lives – Ask for this energy to work in us during this full moon period and remaining days of Aquarius – in support of Who We Essentially Are – “Rising Christs”.*

– *Let us affirm all departments of human living (regardless of what is presenting itself now) are coming into the NEW WAY OF AQUARIUS. Therefore, let us see our group brothers and sisters, all of Humanity, coming into union for the sake of Earth’s Kingdoms – and Earth Herself.*

***Today, Let Us Remember Who is With Us ~***

***The Angel of the Presence (Solar Angel), Angel of Aquarius, the Soul Star Group and the Great Potency of the Inner Groups in Whose Center stands The Christ.***

***Think often upon Them and with Them today ... and every day that follows to make them Real in our lives: “They in us, we in Them.”***

***– All hands – All feet, All hearts – All minds In Union and Unity.***

**Close with:**

“MAY THE ENERGY OF THE DIVINE SELF INSPIRE US,

AND THE LIGHT OF THE SOUL DIRECT.

MAY WE BE LED FROM DARKNESS TO LIGHT,

FROM THE UNREAL TO THE REAL,

FROM DEATH TO IMMORTALITY.”

(DNA-I, 306)

SO BE IT

**OM**

